

**Gi Specialists of Clarksville, PC
Anil Patel, MD MBA**

Colonoscopy Trilytely Prep

Come to the Gi Specialists of Clarksville, PC, the Endoscopy Center at 280 Warfield Blvd, Clarksville, TN
Mon. Tues. Wed. Thurs. Fri. _____ at _____ a.m.

IMPORTANT INFORMATION Before you come to the endoscopy center:

- Brush your teeth in the morning, but do not swallow any water.
- Do not wear jewelry, including piercings.
- Do not bring children to the endoscopy center in consideration to the other patients. They will be asked to wait outside or leave.
- Bring an adult to sit with you after the procedure and to drive you home. If you do not have a ride home, Dr. Patel will NOT sedate you for the procedure.

What is a colonoscopy?

A colonoscopy is a procedure where the colon is examined with a lighted flexible instrument. Polyps (precancerous growths) can be removed and small samples (biopsies) of other abnormalities can be obtained for microscopic examination.

What are the risks?

The risks of the procedure are minimal and could include bleeding, oversedation, and perforation. Perforation of the colon could require surgery to repair. All of these complications are uncommon, but you should be aware of them.

Why is the prep important?

Preparation for the colonoscopy is very important. In order to visually evaluate the inner surfaces of the colon, the large intestine must be very clean. If stool is present, the test will be discontinued and rescheduled.

What if I want to cancel the procedure?

If there are problems keeping your appointment, you should call our office THREE (3) DAYS BEFORE THE SCHEDULED DATE TO RESCHEDULE OR CANCEL the procedure. This courtesy will release the time for another patient.

You will be charged a \$150 NO SHOW FEE if you miss your procedure and do not cancel your colonoscopy.

What if I have questions?

Please call our office at any time if you have questions regarding the prep. Call (931) 551-9605.

What do I need to buy?

You will be given a prescription for Trilytely.

When do I start?

Begin a clear liquid diet starting at breakfast on _____ **You cannot eat anything all day.**

- At 2 pm in the afternoon STOP drinking all liquids for two hours.
- At 4:00 pm on START TO Drink 8 ounces of the TriLyte prep every 15 minutes until you are finished.
- This solution will induce diarrhea, which will rapidly cleanse the bowel.
- You may resume clear liquids until midnight.

Please note the following important information:

- Do not have anything to eat, drink, or smoke after midnight.
- Do not take your medication on the morning of your procedure.
- If you are taking insulin, you may take your evening dose but not the morning dose.
- If you are taking heart medication, ask your doctor about when to take these drugs in relation to the test.
- If you have an artificial heart valve, please remind your doctor.
- Have someone accompany you, who can drive you home after the test. A sedative is usually given and driving is not permitted for up to twelve hours after the procedure.

What are clear liquids?

- Water
- Clear juices without pulp
- Gatorade
- All soft drinks (Coke, Pepsi, 7-up, Sprite, Mountain Dew)
- Tea without lemon
- Coffee without cream
- Jell-O, but cannot be red.
- Kool-Aid type Popsicles, but they cannot be red.
- Clear beef or chicken bouillon cubes. Please use cube type only. No more than 3 cubes for the entire day.

What food or drinks are not allowed?

- Any solid food
- Dairy products
- Any clear liquids that have a red dye
- Alcoholic beverages (beer)
- Milk
- Orange juice
- Canned beef or chicken broth.

What medications do I need to stop?

- Coumadin-or any blood thinner
- Aspirin-or any anti-inflammatory
- Nuprin
- Motrin
- Iron
- Vitamins with iron

When do I stop? 5 to 7 days prior to the procedure

What can I take?

- Tylenol

Office Policy Regarding Insurance

Will my insurance pay for a screening colonoscopy?

Please be aware that screening office visits and screening procedures may not be covered by your insurance plan. It is your responsibility to call your insurance company to verify your benefits.

A flexible sigmoidoscopy is the alternative, if insurance does not cover screening colonoscopies.

Should I call to make sure precertification has been obtained?

Yes. We will notify you if the insurance company denies precertification. We will have to cancel the procedure.

What will my insurance be billed for?

There will be 3 charges for the procedure.

1. Charge for the doctor, Dr. Anil Patel. This is for the doctor doing the procedure.
2. Charge for the endoscopy center, Gi Specialists of Clarksville, or the hospital will bill your insurance if your procedure is done there. This bill is for the use of recovery room, procedure room, sedation, discharge.
3. Charge for the biopsy.

Office Policy Regarding Payment

- The insurance co-pay, as indicated on your insurance card, is to be paid prior to the outpatient surgery.
- If your deductible has not been met, then we will collect \$200 prior to the outpatient surgery. We accept Mastercard, Visa, and Discover Credit cards as well as checks and cash.
- We will bill only the insurance companies for which proof of coverage has been provided.
- The account balance will be due within 90 days of the service and treatment date.
- You, the patient, are responsible for contacting your insurance provider about non-payment, delays in payment and reduced payment.